

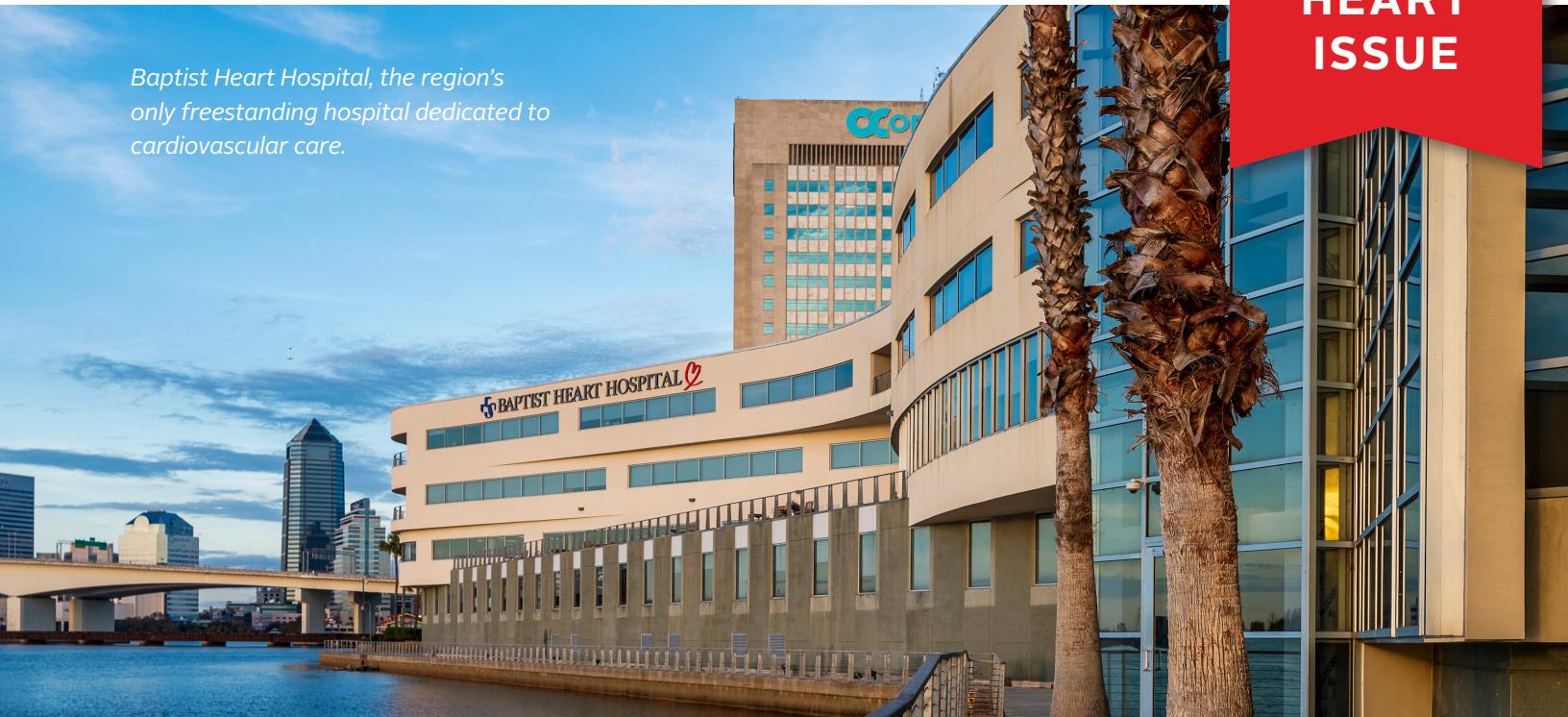
TouchPOINT

4th Edition

Welcome to the fourth edition of Touch Point, a quarterly newsletter for providers and their practices.

THE
HEART
ISSUE

Baptist Heart Hospital, the region's only freestanding hospital dedicated to cardiovascular care.



Unmatched Jacksonville's #1 Choice in Heart Care

Baptist Health is proud to be the region's most comprehensive provider of cardiovascular care, offering leading-edge prevention, diagnosis, treatment and rehabilitation for the full spectrum of heart and vascular conditions.

As the area's only freestanding hospital dedicated to heart and vascular care, Baptist Heart Hospital is the centerpiece of our top-ranked program, and serves as home to physicians, nurses and staff with specialized training in providing the highest quality of cardiovascular services.

Extending beyond the Baptist Heart Hospital, an unmatched level of expertise and service is available at all Baptist Health campuses. Every Baptist Health hospital is an accredited Chest Pain Center, specializing in rapid diagnosis and treatment of emergent cardiovascular conditions and backed by the physician expertise of Baptist Heart Specialists. With more than 35 multidisciplinary, board-certified specialists, Baptist Heart provides the region's most comprehensive inpatient and outpatient consultation and care — from prevention to intervention — across eight locations in Northeast Florida.



Changing Health Care for Good.[®]

Feeling fit? Widow maker nearly stopped an avid cyclist

By: Wesley Roberts

From miles of walking on the golf course to thousands of miles cycling from California to Texas, fitness was a part of John Bush's everyday life. So when he started to feel tired after everyday activities, he knew something wasn't right.

Bush, a Fernandina resident, scheduled an appointment quickly with his primary care physician.

"I had always been an active and healthy person," said Bush, age 72. "But when it came to quick fatigue and feeling tightness in my chest, I knew I should take it seriously."

His primary care physician, Britt Taylor, MD, saw him quickly and referred him to Baptist Heart Specialists. Though Bush's stress tests earlier in the year appeared normal, Dr. Taylor knew the symptoms warranted a quick referral.

George Le-Bert, DO, a cardiologist with Baptist Heart Specialists at Baptist Medical Center Nassau, saw Bush the very next day. Dr. Le-Bert knew that a diagnostic cardiac catheterization was the next step – and fast.

"I remember Dr. Le-Bert's team working to arrange the cath appointment at Baptist Jacksonville quickly," said Bush. "I'm thankful for the seamless scheduling between. It very well could have saved my life."

When Bush had the procedure the following day, Baptist Heart Specialists interventional cardiologist, Russell Stapleton, MD, found a 95 to 99 percent blockage in the left anterior descending artery, also known as the "widow maker". During the procedure, Dr. Stapleton successfully placed a stent to keep the artery open and reduce the chance of myocardial infarction, potentially saving John Bush's life.



"We want our Nassau community to have access to the best heart care in the region, right here at home."

- George Le-Bert, DO



According to Dr. Stapleton, the widow-maker is deserving of its appellation because of the large amount of myocardium that the artery supplies and its proximity to the distal left main coronary. "It is the most severe and critical cardiovascular condition," explains Dr. Stapleton.

"Dr. Le-Bert and Baptist Medical Center Nassau exemplify the level of expertise provided through Baptist Heart Specialists' clinical evaluations and the 24/7 backing of high-quality diagnostic technology and emergent services at each of our facilities", said Dr. Stapleton. "Mr. Bush's story demonstrates how our clinically integrated network is unique in its ability to provide communities with access to top-notch specialty care and a streamlined process to identify, assess and treat cardiovascular conditions, including when time is critical."

These days, Bush is happy to be back on the golf course and cycling the backroads of Fernandina Beach after cardiac rehab at Baptist Nassau Cardiac Rehabilitation Center. "I have my youthful energy back," said Bush.

"Because we were so close to home for Mr. Bush, we handled this serious issue in a matter of days," said Dr. Le-Bert. "That's our job. We want our Nassau community to have access to the best heart care in the region, right here at home."

UNMATCHED ACCESS AND EXPERTISE

Providing unmatched expertise and access for providers and their patients, Baptist Heart Specialists proudly offers **35 board-certified cardiologists across 8 convenient locations** throughout Northeast Florida. Refer your patient to Baptist Heart and a scheduler will reach out to find a timely appointment at the most convenient location.



- 1 **Baptist Jacksonville – Pavilion**
836 Prudential Drive, Suite 1700
Jacksonville, Florida 32207
- 2 **Baptist South**
14546 Old St. Augustine Road, Suite 201A
Jacksonville, Florida 32258
- 3 **Baptist Beaches**
1361 13th Avenue South, Suite 270
Jacksonville Beach, Florida 32250
- 4 **University**
3225 University Blvd South, Suite 104
Jacksonville, Florida 32216
(NEW!)
- 5 **Baptist North**
11236 Baptist Health Drive, Suite 310
Jacksonville, FL 32218
- 6 **Baptist Nassau**
1348 S. 18th Street, Suite 200, Bldg. B
Fernandina Beach, Florida 32034
- 7 **Baptist Clay**
1747 Baptist Clay Drive, Suite 320
Fleming Island, FL 32003
(NEW!)
- 8 **World Golf Village**
533 West Twincourt Trail, Suite 701
St. Augustine, FL 32095

Referring to Baptist Heart Specialists is easy.

Call **904.720.0799**, fax **904.720.5225**, or submit online referrals at
baptistheartspecialists.com/referral.

NEW!

Baptist Heart Specialists welcomes **Houston Mooney, MD**, in Fernandina Beach, and **Andre Dias, MD, Emiliana Franco, MD, Nehu Patel, MD**, and **Salil Patel, MD**, serving North Jacksonville to North Saint Augustine and Clay County.



Houston Mooney, MD



Andre Dias, MD



Salil Patel, MD



Emiliana Franco, MD



Nehu Patel, MD

— To contact the Baptist Business Development team, call **904.202.4980** —

NATIONAL LEADER IN STRUCTURAL HEART CARE

An Emerging Field

In recent years, primary care physicians have contributed to the burgeoning field of structural heart through increased recognition of and referral for non-coronary cardiovascular diseases with attention paid to the underlying pathophysiologic mechanisms. Previously, these conditions — ranging from congenital to acquired — were not addressed or they required surgical treatment. However, advances in imaging capabilities to more finely elucidate anatomic abnormalities, utilization of catheter-based techniques and the development of innovative devices have transformed the new field within cardiology and created treatment options for patients who previously had none.

A National Leader, Right Here at Home

At Baptist Health in Northeast Florida, one of the nation's leading structural heart programs has emerged as a key referral center for patients with structural heart disease. Led by one of the foremost structural heart experts, interventional cardiologist Ruby Satpathy, MD, FACC, FSCAI, the innovative program features advanced multi-modality imaging technology and state-of-the-art hybrid operating suites with a multi-disciplinary team at the core of the service line. Because structural heart patients and procedures are complex, experience and expertise is needed from interventional cardiologists, electrophysiologists and cardiothoracic surgeons to ensure appropriate patient selection and optimal outcomes. The experienced, multi-disciplinary team approach is a key component of the Baptist Health program and a hallmark of excellence for the developing field nationwide.



Baptist Heart Hospital's state-of-the-art, hybrid OR suite.

Statistics highlight the impact of structural heart disease in the United States:

- Without treatment, mortality from aortic stenosis measured from the onset of symptoms is 25% at year one and increases to 50% at year two.
- More than 1 in 8 people aged 75 and older have moderate or severe aortic stenosis.
- Nearly 1 in 10 people aged 75 and older has moderate or severe mitral regurgitation.
- The incidence of (PFO) is as high as 27 percent in the general population but increases to 40 - 50 percent in patients who have cryptogenic stroke. This is especially true in patients who have had a stroke before age 55.
- 2.7 million Americans are diagnosed with atrial fibrillation, yet over half refuse to take stroke preventing anticoagulants due to side effects, such as bleeding.



"When patients are sick, every detail is important. We determine best treatment options through collaborative conferences with multidisciplinary experts. I am proud that we have the best outcomes in our region because of our experience, expertise and skills."

Ruby Satpathy, MD, FACC, FSCAI, Medical Director, Structural Heart Program, Baptist Medical Center Jacksonville

The Multi-Disciplinary Team

The Baptist Health Structural Heart Program features weekly valve conferences where the multidisciplinary team reviews the unique aspects of each case to determine the best plan of care. In addition, the centrally-located valve clinic provides one location where patients consult with multiple specialists and complete diagnostic testing needs in one day, simplifying the process for patients and their families.



Weekly valve conference.

The Importance of Expertise

Dr. Satpathy was a key participant in the research studies that led to approval of devices used today and she was among the first in the nation to perform structural heart procedures. As an international proctor for TAVR, Mitraclip and Watchman, Dr. Satpathy sees firsthand the importance of experience and expertise in performing the challenging interventions successfully. She credits the expertise of the Baptist Health team as the key reason the program has produced outcomes far exceeding national benchmarks, the critical indicator of competency.

Looking Ahead

In addition to advancing the level of care currently available, the Baptist Health Structural Heart Program is also expanding the future range of treatment options. Ranked in the top percentile of cases performed, the Baptist Health program leads research efforts with several clinical trials underway, focused on next-generation technologies. Currently #1 in Florida for trials related to left atrial appendage and PFO closure, the Jacksonville program is on the forefront of innovation in the United States.



To refer your patient to the Baptist Health Structural Heart program, call **904.202.9500**.



DID YOU KNOW?

Only 10% of patients will present with leg pain when PAD is present.

Peripheral Arterial Disease (PAD) is a manifestation of atherosclerosis leading to narrowing of the major arteries distal to the aortic arch. Progressive occlusion results in arterial stenosis, reduced blood flow and claudication that can impair walking. In more severe cases, PAD can lead to infection, tissue loss and amputation.

Because atherosclerosis is a systemic disease, patients with PAD are at increased risk for both cardiovascular and cerebrovascular events. According to Bharat Gummadi, MD, Medical Director of the Baptist Heart Specialists PAD program, "This underdiagnosed disease represents a significant systemic atherosclerotic burden and should be considered equivalent to coronary heart disease when assessing overall cardiovascular risk".

While claudication is the most common symptom, only 10% of patients with PAD will actually present with this classic indicator. Upon physical exam, providers may instead find cool skin, non-palpable distal pulses, absence of hair in affected area, abnormal capillary refill time, non-healing wounds or shiny skin. Patients at greatest risk for PAD include those with a history of smoking, diabetes, obesity and high blood pressure or cholesterol.



The PAD clinic at Baptist Heart Specialists is unique in its design as a comprehensive disease management program. Our PAD specialists are able to evaluate, provide treatment and subsequently follow patients at any stage ranging from prevention to diagnosis, pre and post-surveillance, intervention and rehabilitation.

Referring your patient to the PAD Clinic at Baptist Heart Specialists is easy.

Call **904.720.0799**, fax **904.720.5225** or submit online referrals at baptistheartspecialists.com/referral.



Pre-operative cardiac risk assessment can be expedited with one step.

Baptist Heart Specialists' Pre-Operative Evaluation Clinic is designed to streamline the process of assessing your patient's cardiac risk, prior to non-cardiac surgery. With expedited scheduling, coordination of cardiac testing and rapid communication back to the referring physician, the process can quickly meet the needs of the patient and their provider, while ensuring thorough evaluation from the region's leading heart program.



Pre-Op Cardiac Evaluation Hotline: 904.202.6700



Email/Smart Fax: PreOpEvalClinic@bmcjax.com or 904.458.8258



Online Referral Request: baptistjax.com/preop