Baptist Heart Hospital, the region’s only freestanding hospital dedicated to cardiovascular care.

Baptist Health is proud to be the region’s most comprehensive provider of cardiovascular care, offering the full spectrum of services from prevention to intervention. As the area’s only freestanding hospital dedicated to heart and vascular care, Baptist Heart Hospital stands tall as the cornerstone of our top-ranked program and is home to physicians, nurses and staff with specialized training in providing the highest quality cardiovascular care.

Baptist Health’s unmatched level of cardiac expertise is backed by Baptist Heart Specialists; a group of more than 35 multidisciplinary, board-certified specialists who guide patients through their continuum of care both inpatient and outpatient. With eight locations across Northeast Florida, Baptist Heart Specialists supports the Jacksonville community beyond hospital walls – close to home.

Unmatched Jacksonville’s #1 Choice in Heart Care

3,359 Cardiac Caths
275 Peripheral Vascular Procedures
194 Structural Heart Cases
1,305 Electrophysiology Procedures
13,033 New Patient Appointments
48,801 Follow-Up Appointments

Changing Health Care for Good.*
EXPANDING SERVICES: PAD AND VEIN CLINIC

PAD is a PAIN
New solution for peripheral artery disease provides hope.

An estimated 8.5 million people in the United States have peripheral artery disease (PAD), affecting approximately 12-20 percent of Americans over 60.

It’s a painful condition caused by a blockage in the arteries of the extremities, usually the legs. Just like atherosclerosis of the heart’s vessels, PAD is caused by a buildup of plaque and fatty material on the inner walls of the arteries.

Not only does PAD make it difficult to walk, it is also a major risk factor for heart attack and stroke. It’s more common in African-Americans than other racial groups; and men are slightly more likely than women to develop PAD. Peripheral artery disease is also more common in smokers.

For most patients with PAD, a minimally invasive procedure going through the femoral artery is the usual approach. However, for some patients who already have stents in this area or whose body type is not conducive, a new approach is emerging as a viable and novel option.

This was the case with Harry Morris, whose PAD got so severe he could no longer walk and was having difficulty sleeping due to poor circulation when lying down. His hobbies of fishing and restoring old cars were on hold, not to mention his overall quality of life suffered greatly.

Fortunately, his cardiologist, Bharat Gummadi, MD, at Baptist Heart, was determined to find a solution. After attempting to clear the veins through the usual femoral approach without success, he looked into other options.

Dr. Gummadi had previous success in helping heart patients with blockages through a radial approach, which involves inserting a catheter in the wrist and guiding it to the blocked artery in the heart to clear the plaque.

He wondered if he could utilize a radial approach to treat Mr. Morris’ PAD as well, and began researching how to make this approach work.

The obstacle Dr. Gummadi faced was not having a catheter long enough to reach from the wrist down to Morris’s lower left leg. It’s estimated that less than 2 percent of procedures are transradial within the United States, making it a rare procedure. However, Dr. Gummadi was determined to find a way to make it happen, and was able to find a medical supply company that could provide the right size catheter.

“Dr. Gummadi was determined to find a solution,” said Morris, who is not only walking pain-free now, but is back to his usual lifestyle. Morris was the first patient who Dr. Gummadi performed the radial procedure on for PAD.

“This approach through the wrist decreases vascular complications and allows for quicker recovery,” said Dr. Gummadi. “With the radial approach, patients can sit up and get walking more quickly, which is vital to recovery.” The procedure requires only local, rather than general anesthesia.

Utilization of the radial artery for peripheral procedures often allows for higher patient satisfaction, early ambulation, fewer access site bleeding complications, and, often times, same-day discharges.

“Dr. Gummadi got me straightened out,” said Morris. “I feel fortunate to be the first patient he performed this approach on.” Since Morris’s procedure, Dr. Gummadi plans to make it a more regular practice to help more patients recover from PAD.
Among the Top Structural Heart Care Programs in the Nation

Because structural heart patients and procedures are complex, experience and expertise is crucial to ensure appropriate patient selection and optimal outcomes. Led by nationally renowned structural heart expert, interventional cardiologist Ruby Satpathy, MD, FACC, FSCAI, Baptist Health has emerged as a key referral center for Florida and Georgia patients. The innovative program features advanced multimodality imaging technology and state-of-the-art hybrid operating suites with a multi-disciplinary team at the core of the service line.

A national leader, right here at home.

The Baptist Health Structural Heart program is not only advancing the level of care currently available, it is also expanding the range of treatment options for patients in the future. In addition to being in the top percentile of cases performed, the Baptist Health program leads research efforts with several structural heart clinical trials underway, focused on next-generation technologies.

Weekly valve conference.

Currently #1 in the state of Florida for trials related to left atrial appendage closure (Amulet, WATCH-TAVR), PFO closure and TAVR (LOTUS Valve), the Baptist Health Structural Heart program is on the forefront of innovation in the United States. The program also offers TAVR, TMVR, MitraClip, perivalvular leak closure and alcohol septal ablation among other cutting-edge procedures.

| Baptist Health Structural Heart Outcomes: Better Than National Benchmarks |
|-----------------------------|-----------------------------|-----------------------------|
| **TAVR**                    | **MitraClip**                | **LAAO (WATCHMAN)**         |
| Baptist Health              | National Registry            | Baptist Health              |
| Baptist Health              | National Registry            | Baptist Health              |
| 0.3%                        | 2.2%                        | 0%                          |
| Mortality Rate              | 0%                          | 0%                          |
| Baptist Health              | National Registry            | Baptist Health              |
| Baptist Health              | National Registry            | Baptist Health              |
| 0%                          | 1.9%                        | 100%                        |
| Stroke Rate                 | Moderate Sedation            | Percutaneous Access         |
| Baptist Health              | National Registry            | Baptist Health              |
| Baptist Health              | National Registry            | Baptist Health              |
| 0%                          | 3.7%                        | 100%                        |
| Mortality Rate              | 0%                          | 92.8%                       |
| Baptist Health              | National Registry            | Baptist Health              |
| Baptist Health              | National Registry            | Baptist Health              |
| 0%                          | 0.8%                        | 0%                          |
| Stroke Rate                 | Post-Procedure Success Rate  |
| Baptist Health              | National Registry            | Baptist Health              |
| Baptist Health              | National Registry            | Baptist Health              |
| 0%                          | 0.1%                        | 0%                          |
| Mortality Rate              | Stroke Rate                 | Post-Procedure residual leak|

To refer your patient to the Baptist Health Structural Heart program, call 904.202.9500.
Partnering with Primary Care: EP Services at Baptist Heart

Recent epidemiological data confirmed the emergence of obesity and atrial fibrillation (AF) as a global epidemic. Obesity and its associated cardiometabolic comorbidities, such as hypertension, diabetes mellitus, and sleep apnea have been proposed as contributors to the expanding epidemic of AF, and are thus potential targets for intervention to stem the expanding AF epidemic. The LEGACY trial completed in 2015, demonstrates that in overweight and obese individuals with symptomatic AF, progressive weight loss has a dose-dependent effect on long-term freedom from AF. Long-term weight loss maintenance is achievable in these patients and is associated with a 6-fold greater freedom from AF. Weight loss in the short term also results in a reduction in the symptomatic AF burden. Because of this finding and the important role primary care physicians play in weight management, a collaborative approach is critical for treating patients with AF.

Baptist Heart’s electrophysiology team is ready to partner in caring for patients across the Jacksonville region. With clinics available at 8 different locations, Baptist Heart is committed to bringing top notch care to your backyard.

Send a referral specifying “EP consult” and our central scheduling team will contact your patient to arrange an appointment at a convenient location.

Call 904.202.AFIB (3242)
Fax 904.720.5225
Online at baptistheartspecialists.com/referral

Beyond Cosmetics: Vein Clinic

Although often underestimated as only a cosmetic problem, varicose veins can cause patients significant clinical issues. Venous reflux disease damages valves and restricts blood flow, leading to an elevation of venous pressure and problematic symptoms.

- Leg pain
- Swollen limbs
- Leg heaviness and fatigue
- Skin changes (color and texture)
- Varicose veins
- Phlebitis and thrombosis

Baptist Heart Specialists’ team of vein experts provide an outpatient, minimally invasive approach using ablation technology.

To refer to either the PAD or Vein Clinic:

Specify PAD or Vein Consult
Phone: 904.720.0799
FAX: 904.720.5225
Providing unmatched expertise and access for providers and their patients, Baptist Heart Specialists proudly offers more than **35 board-certified cardiologists across 8 convenient locations** throughout Northeast Florida. Refer your patient to Baptist Heart and a scheduler will reach out to find a timely appointment at the most convenient location.

1. **Baptist Jacksonville – Pavilion**
   836 Prudential Drive, Suite 1700
   Jacksonville, Florida 32207

2. **Baptist South**
   14534 Old St. Augustine Road, Suite 3420
   Jacksonville, Florida 32258

3. **Baptist Beaches**
   1361 13th Avenue South, Suite 270
   Jacksonville Beach, Florida 32250

4. **University**
   3225 University Blvd South, Suite 104
   Jacksonville, Florida 32216

5. **Baptist North**
   11236 Baptist Health Drive, Suite 310
   Jacksonville, FL 32218

6. **Baptist Nassau**
   1348 S.18th Street, Suite 200, Bldg. B
   Fernandina Beach, Florida 32034

7. **Baptist Clay**
   1747 Baptist Clay Drive, Suite 320
   Fleming Island, FL 32003

8. **World Golf Village**
   533 West Twincourt Trail, Suite 701
   St. Augustine, FL 32095

Referring to Baptist Heart Specialists is easy.
Call 904.720.0799, fax 904.720.5225, or submit online referrals at baptistheartspecialists.com/referral.

—— To contact the Baptist Business Development team, call 904.202.4980 ——